

KZK laatste kans: Session: 1: COACH Evaluation sheet for TEAM: BZK

Coachinfo: Warming up from: 09:00 untill 09:50. Teamleadmeeting @ 09:45 The listed starttimes are indicative!

Coaches: Laforce Najama HEADCOACH

Coaches: De Meyere Nathalie

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 400M FREESTYLE MIXED 10-9 **Heat:3, starttime: 10:17**

Heat: 3/4 Lane : 4 Athlete: DURAND JACK **Q-time: 06:37:18**

PB (50m pool): no time				PB (25m pool): 06:37.18 SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								

Coach feedback:

Event number: 1: 400M FREESTYLE MIXED 10-9 **Heat:3, starttime: 10:17**

Heat: 3/4 Lane : 5 Athlete: DEVOLDER ALICE **Q-time: 06:41:16**

PB (50m pool): no time				PB (25m pool): 06:41.16 SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								

Coach feedback:

Event number: 1: 400M FREESTYLE MIXED 10-9 **Heat:4, starttime: 10:24**

Heat: 4/4 Lane : 4 Athlete: CALLEWAERT ANTHE **Q-time: 05:37:29**

PB (50m pool): no time				PB (25m pool): 05:37.29 SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								

Coach feedback:

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Event number: 1: 400M FREESTYLE MIXED 10-9							Heat:4, starttime: 10:24	
Heat: 4/4 Lane : 6 Athlete: SCHRAMME ARTHUR							Q-time: 06:25:93	
PB (50m pool): no time			PB (25m pool): 06:25.93SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	<i>no time</i>							
								

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11-14							Heat:1, starttime: 10:32	
Heat: 1/7 Lane : 5 Athlete: VAN HULLE ENID							Q-time: 99:99:99	
PB (50m pool): no time			PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11-14							Heat:3, starttime: 10:47	
Heat: 3/7 Lane : 7 Athlete: BEAUPREZ ELOISE							Q-time: 06:27:08	
PB (50m pool): no time			PB (25m pool): 06:27.08 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11-14							Heat:5, starttime: 11:01	
Heat: 5/7 Lane : 5 Athlete: VINTER LOUISE							Q-time: 05:43:20	
PB (50m pool): no time			PB (25m pool): 05:43.20 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								

Coach feedback:

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Event number: 2: 400M FREESTYLE WOMEN 11-14							Heat:5, starttime: 11:01	
Heat: 5/7 Lane : 6 Athlete: LOCCUFIER FLEUR							Q-time: 05:47:03	
PB (50m pool): no time			PB (25m pool): 05:47.03SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11-14							Heat:5, starttime: 11:01	
Heat: 5/7 Lane : 7 Athlete: SALEMBIER BABETTE							Q-time: 06:00:55	
PB (50m pool): no time			PB (25m pool): 06:00.55 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11-14							Heat:7, starttime: 11:13	
Heat: 7/7 Lane : 7 Athlete: DEWITTE ELISE							Q-time: 05:19:62	
PB (50m pool): 05:19.62 Antwerpen 27/04/2025				PB (25m pool): 05:15.20SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:34.53	01:14.50	01:55.82	02:37.17	03:18.19	03:59.46	04:40.09	05:19.62
	00:34.53	00:39.97	00:41.32	00:41.35	00:41.02	00:41.27	00:40.63	00:39.53
								

Coach feedback:

Event number: 3: 400M FREESTYLE MEN 11-14							Heat:1, starttime: 11:20	
Heat: 1/7 Lane : 3 Athlete: DHONT THEODORE							Q-time: 99:99:99	
PB (50m pool): no time			PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								

Coach feedback: